

What Is Reflective Teaching?

Reflective teaching is the practice of slowing down to observe, interpret, and respond to children with curiosity, intention, and relational care

Reactive Phrase

Reflective Reframe

Don't do that!

Looks like something's not working. Want help?

You know better!

I wonder what felt hard about that.

Say you're sorry!

Let's check in, how is your friend feeling right now?

Through My Eyes

What's a reflective way to respond?

- What might the child be trying to express?
- How did the adult's tone/response affect the moment?
- What learning opportunity could this become?
- What's a reflective way to respond that honors the child's need and the group safety?

Reflective Language in Action

Language that teaches, connects, and repairs

Reactive

That's enough, I've had it!

You're not listening

Reflective

Something's not working, let's figure it out.

I don't feel heard yet. Let's pause and try again.

Skill Taught

Regulates, teaches repair

Co-regulation, shared power

Routines, Regulations & Reflective Tools

Reframing the Routine

What's one routine I'll reframe?

Routine

Transitions

Challenge

Kids escalate quickly

Reflective Move

Offer choice, use preview language

Reflective Response Toolbox

- Mental Shifts
 - Connection before correction
- Reflective Language
 - Curious phrases and questions
- Practical Strategies
 - In-the-moment moves
- Regulation Tools
 - Breathing, calming, pausing

• Tools I already use:

• Tolls I want to try:

Reflect, Reconsider, Recommit

Reflect: What's something you're already doing that matters?

Reconsider: What's something new you're still thinking about?

Recommit: What's one think you'll try intentionally?