

# Class Options

Early Learning	20
Fall Institute	24

October 4-5, 2024

Prairie Meadows Conference Center, Altoona, IA

*Registration closes September 25.*



**iaaeyc**

Iowa Association for the  
Education of Young Children

# Friday, October 4

Session 1   10:30 am - 12:00 pm	Session 2   1:15 pm - 2:45 pm	Session 3   3:00 pm - 4:30 pm
1. Learning Through Play	13. An Overview on Infant and Early Childhood Mental Health: Theories, Approaches, and Application	25. Implementing Program-Wide EC-PBIS for Lasting Change
2. Literacy and Coding Connections	14. Power of Play: Experience Play, Enhance Excitement for Learning, and Support Developmentally Appropriate Practices, STEM, and the Iowa Early Learning Standards	26. Seedling CPR and First Aid! Creating a Magical Outdoor Space
3. Exploring Farm to ECE	15. How to Develop Readers and Writers in an EC Classroom	27. i-PoWeR--You have the PoWeR!!
4. Dyslexia 101	16. Basics of Early ACCESS (IDEA Part C)	28. A Child's Why: Exploring CQI
5. The Powerful Impact of Small Group Learning	17. WAGE\$ Overview and New Supplement Scale	29. Learning REALLY IS Connected to Movement for Young Children
6. Rhythms of Learning: Music Education for Early Childhood	18. Dyslexia for a Day: Simulation	30. The Power of Giving a Child a Clipboard: Using Charting in Project Work to Foster Language Development, Literacy Skills, and So Much More!
7. Dental Education	19. Updates from the Department of Education	31. My Kid Would Never
8. Managing and Setting Employees up for Success	20. Nurturing Young Minds: Strategies for Early Childhood Guidance	32. Subitizing at a Glance
9. Advocacy 101: What's Your Why?!	21. Spinning, Rolling, and Swaying: Investigating Balance with Infants and Toddlers	33. Social Media Marketing for Child Care Directors and Owners
10. Retain Staff and Build a Quality Program with T.E.A.C.H and WAGE\$	22. Counting Counts!	34. Yackity Yack, They Don't Talk Back
11. Self Starts with SEL: Self-Care Techniques for Adults	23. Developmental and Behavioral Effects from Drug Exposure and Trauma	35. SmartHer Money
12. Sharing Documentation in Early Childhood Classrooms	24. Reflective Practice: Asking Questions You Don't Know the Answer to Learn More About Others	36. Take the First Step in your Education with a CDA

## Class Track Key

Curriculum/Teaching
  Health/Physical Environment
  Leadership/Management
  Relationships/Families

# Friday Class Options

## 1. Learning Through Play

Time: 10:30 am - 12:00 pm

Fred Rogers said, "Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood." Join Tabatha Rosproy as you explore ways to make your day more playful - from math, to reading, to transitions, to recess! Intentional play can help children grow AND meet your standards!

*Tabatha Rosproy - 2020 National Teacher of the Year*

Curriculum/Teaching

## 3. Exploring Farm to ECE

Time: 10:30 am - 12:00 pm

Farm to Early Care and Education enriches the connection children have with food. Children gain access to healthy, local foods as well as educational opportunities such as site gardens, cooking lessons and farm field trips. Farm to ECE empowers childcare providers, children, and their families to make informed food choices while strengthening the local economy and contributing to vibrant communities.

For professionals serving: Infant/toddler and Preschool  
Setting: Home Provider and Center

*Krista Smith and Chelsea Krist - Iowa State University Extension and Outreach*

Curriculum/Teaching

## 5. The Powerful Impact of Small Group Learning

Time: 10:30 am - 12:00 pm

Join us in this interactive and engaging session to learn how to make the most of small group learning. We will discuss challenges and benefits of small group learning, how to create activities based on assessment results and the importance of providing engaging, hands-on activities (not worksheets).

For professionals serving: Preschool  
Setting: Home Provider and Center

*Laurie Parker and Lisa Stocksleger - Iowa Association for the Education of Young Children*

## 2. Literacy and Coding Connections

Time: 10:30 am - 12:00 pm

Join the Science Center of Iowa for an interactive presentation that exposes early childhood educators to computational thinking by providing rich experiences that inspire curiosity and wonder. Combining familiar stories with robotics and coding allows learners to progress through the stages of computational thinking. Participants will learn the basics of coding, understand its value in education, explore different robotic tools and materials, and develop an experience that can be used in their own learning environment.

For professionals serving: Preschool and School age  
Setting: School

*Jolie Pelds, Beth Brewer, and Zach Riggins - Science Center of Iowa*

Curriculum/Teaching

## 4. Dyslexia 101

Time: 10:30 am - 12:00 pm

Dyslexia is the most common learning disability. It does not mean seeing backwards. It is hereditary and runs in families! Life is moving at a break neck pace and teachers and caregivers have more responsibilities than ever before. Learning the basics of dyslexia can change the trajectory for struggling readers. Together we will discover signs and symptoms of dyslexia, identify facts about dyslexia and debunk common lingering myths. We will visit the Iowa Department Of Education's Dyslexia Guidance and build our confidence in saying dyslexia.

For professionals serving: Preschool, School Age, and Children with Special Needs  
Setting: School, Home Provider and Center

*Mindy VanZuiden - Tutorburg LLC*

Curriculum/Teaching

Curriculum/Teaching

# Friday Class Options, Continued

6. Rhythms of Learning: Music Education for Early Childhood  
Time: 10:30 am - 12:00 pm

In this interactive, hands-on course, educators will explore the importance of music in early childhood development, understanding its positive impact on areas such as self-regulation and early literacy skills when integrated into the classroom. Participants will explore effective methods for seamlessly incorporating music into their curriculum, utilizing community resources where applicable. Educators will leave with skills they can immediately implement in their classrooms. This training offers activities accessible to teachers of all backgrounds, regardless of prior musical knowledge, serving as a foundational step in early childhood music education.

For professionals serving: Infant/toddler and Preschool  
Setting: Home provider and Center

*Chelsea Kusmec - Iowa Association for the Education of Young Children*

Curriculum/Teaching

8. Managing and Setting Employees up for Success  
Time 10:30 am - 12:00 pm

Managing and setting employees up for success requires professional development plans and evaluations. These are also mandatory for Iowa Quality for Kids (IQ4K). However, creating these documents and providing feedback while running day-to-day business operations can be challenging. In this presentation, ideas will be provided from a center-based perspective that can also be applied to registered home providers to streamline your paperwork by incorporating required IQ4K documents into your evaluation process. Effective feedback techniques when working with staff to aid their professional growth will also be covered.

For professionals serving: Program Administration/  
Business Practices  
Setting: Center

*Shannon Wilson - Iowa State University Extension and Outreach*

Leadership/Management

7. Dental Education  
Time: 10:30 am - 12:00 pm

Dental caries is the most common chronic disease of childhood in the United States and is preventable. Our presentation will focus on preventive care, both at home and in childcare settings. The link between dental disease and full body health, getting medical providers on board while looking in a child's mouth at wellness checks. We will address what a dental emergency is, what to do in a dental emergency, ways to prevent dental trauma, and new breakthroughs in treating dental disease in small children.

For professionals serving: Infant/toddler, Preschool, School Age, and Children with Special Needs  
Setting: All

*Courtney Wolterman and Dr. Riley Cholewa - Dental Connections*

Health/Physical Environment

9. Advocacy 101: What's Your Why?!  
Time 10:30 am - 12:00 pm

Learning the basics of advocacy work as it pertains to the early childhood profession and understanding WHY we need many voices to move forward in the work we love.

For professionals serving: Advocacy  
Setting: Home Provider and Center

*Jeannine Laughlin - Iowa Association for the Education of Young Children*

Leadership/Management



# Friday Class Options, Continued

10. Retain Staff and Build a Quality Program with T.E.A.C.H and WAGE\$  
Time: 10:30 am - 12:00 pm

Is your program struggling with retention? Are you seeking to improve program quality? The T.E.A.C.H. and WAGE\$ programs can help to improve compensation, quality and retention. This session will include a more in-depth look at T.E.A.C.H. and WAGE\$ with a focus on addressing common myths and misconceptions of the programs. This session will clear up any myths about both programs and provide evidence of how T.E.A.C.H. and WAGE\$ can improve your program. This session is geared towards directors, board members, or any program looking to support their staff on T.E.A.C.H. or WAGE\$.

For professionals serving: Program Administration/  
Business Practices  
Setting: Center

*Mackenzie Johnson and Kassy Hegland- Iowa Association for the Education of Young Children*

Leadership/Management

12. Sharing Documentation in Early Childhood Classrooms  
Time: 10:30 am - 12:00 pm

Are you interested in using documentation to show how active, engaged learning can meet early childhood standards? Documentation of children's learning creates an opportunity to share what occurs in early childhood classrooms with stakeholders such as families, program leaders, and community partnerships. This session will focus on the "why" behind documentation, as well as share specific strategies for collecting powerful pieces of classroom documentation that demonstrate intellectual growth and child agency during authentic learning experiences.

For professionals serving: Infant/toddler, Preschool, and School age  
Setting: School and Both Home Provider and Center

*Rebecca Wilson - Van Meter Community School District*

Curriculum/Teaching

11. Self Starts with SEL: Self-Care Techniques for Adults  
Time: 10:30 am - 12:00 pm

This presentation will help adults in the world of early childhood education learn different ways to express their stress levels and how they apply to the classroom. We will use reflection and social emotional techniques to quickly calm down in stressful situations. We will also discuss different techniques to increase self-care and the importance of self-care to help prevent burnout and stress in the classroom.

For professionals serving: Infant/toddler, preschool and school age  
Setting: Home Provider and Center

*Whitney Fink - Capitol Park Early Learning Center*

Relationships/Families

13. An Overview of Infant and Early Childhood Mental Health: Theories, Approaches, and Application  
Time: 1:15 pm - 2:45 pm

This course will provide an overview of the Infant and Early Childhood Mental Health model, which has been implemented and expanded in other states. Participants will learn about the guiding principles and foundational strategies that all professionals who work in early childhood can utilize in their daily practice. During the presentation, participants will learn the four lenses for viewing infant and early childhood mental health, as well as indicators of mental health needs at each developmental stage. Lastly, participants will learn practical strategies to support young children and families with self-regulation and executive functioning skills that are based in early brain development and neuroscientific research.

For professionals serving: Infant/Toddler, Preschool, Children with Special Needs  
Setting: School and for Both Home Providers and Centers

*Kristen Reichert - Early Childhood School Social Worker*

Relationships/Families

# Friday Class Options, Continued

14. Power of Play: Experience Play, Enhance Excitement for Learning, and Support Developmentally Appropriate Practices, STEM, and the Iowa Early Learning Standards Standards  
Time: 1:15 pm - 2:45 pm

Come experience play from a child's perspective using loose parts and recycled materials. In this active session, participants will learn to facilitate and enhance children's learning within play experiences, and how play experiences can support both Developmentally Appropriate Practices and Iowa Early Learning Standards. Walk away with resources and ideas including easy and affordable ways to build a loose parts collection within your program.

For professionals serving: Preschool and School Age  
Setting: School and for Both Home Providers and Centers

*Rebecca Wilson - Van Meter Community School District*  
*Vickie Parker - ED Consultant/Trainer*  
*Kelly Donnelly - Grace Preschool Des Moines*

Curriculum/Teaching

16. Basics of Early ACCESS (IDEA Part C)  
Time: 1:15 pm - 2:45 pm

Early ACCESS is Iowa's early intervention system (IDEA Part C) for infants and toddlers under three years old not developing as expected or who have a medical condition that can delay typical development. In this workshop the following topics related to Early ACCESS will be discussed:

- What is Early ACCESS and what is a referral to Early ACCESS?
- What to expect from Early ACCESS
- How does Early ACCESS support families?

For professionals serving: Infant/Toddler and Children with Special Needs  
Setting: Applicable to both Home Providers and Centers

*Dee Waddell - Iowa Department of Education*

Relationships/Families

15. How to Develop Readers and Writers in an EC Classroom  
Time: 1:15 pm - 2:45 pm

Struggling to create a learning environment that encourages your students to read and write without memorizing? Then this workshop is for you! Learn some techniques and strategies that you can implement immediately into your daily routine that will engage your children and become a part of your classroom learning environment.

For professionals serving: Preschool  
Setting: Applicable to both Home Providers and Centers

*Andrea M Stanfel - Primerica Financial Services*

Curriculum/Teaching

17. WAGE\$ Overview and New Supplement Scale  
Time: 1:15 pm - 2:45 pm

This session will be a comprehensive overview of Child Care WAGE\$<sup>®</sup> Iowa, including an explanation of our new supplement scale. This is a workshop presented by the WAGE\$ team in which attendees will learn about program requirements and the benefits of participation. A brief presentation will be followed with an open forum for questions. WAGE\$ counselors will be available to meet individually or with small groups. Attendees are encouraged to bring questions and can apply onsite.

For professionals serving: Infant/toddler, Preschool, Program administration/Business Practices, Home Providers  
Setting: Applicable to both Home Providers and Centers

*Haley Maffin and Jana McCann - Iowa Association for the Education of Young Children*

Leadership/Management

# Friday Class Options, Continued

18. Dyslexia for a Day: Simulation  
Time: 1:15 pm - 2:45 pm

A Simulation of Dyslexia is designed for anyone interested in learning more about dyslexia and what those with dyslexia often experience with reading, writing, and processing. This workshop is designed for groups of early childhood education providers, practitioners, caregivers, and immediate and extended family members. The simulation walks participants through four different simulations: two reading and two writing. It is designed to help individuals gain a better understanding of and empathy for those children and adults who struggle with dyslexia.

For professionals serving: Preschool, School Age, Children with Special Needs  
Setting: School and Applicable to both Home Providers and Centers

*Mindy VanZuiden - Tutorburg LLC*

Curriculum/Teaching

20. Nurturing Young Minds: Strategies for Early Childhood Guidance  
Time: 1:15 pm - 2:45 pm

We will share ideas to support the social-emotional development of young children. This will provide educators and caregivers with practical strategies and techniques to create nurturing environments that promote positive behavior and self-regulation. Through a blend of theory and real-world examples, this presentation will provide ideas needed to build strong relationships with children, manage challenging behaviors effectively, and foster a sense of belonging and emotional well-being. Presenters will share documentation ideas, lessons, and books to use with young children and give time to share what works in your classrooms!

For professionals serving: Infant/toddler, Preschool, School Age  
Setting: Center, School and Applicable to both Home Providers and Centers

*Allison Barness and Allison Pattee - University of Northern Iowa*

Curriculum/Teaching

19. Updates from the Department of Education  
Time: 1:15 pm - 2:45pm

Changes are always in play within Iowa's early care and education system, particularly for programming under the authority of the Iowa Department of Education. Come hear a collection of updates for 2024-25 on topics including early childhood assessment, IELS, Iowa Quality Preschool Program Standards (IQPPS), new legislation, etc.

For professionals serving: Infant/toddler, Preschool, School Age, Children with Special Needs, and Program Administration/Business Practices  
Setting: Center and School

*Kimberly Villotti and Mary Breyfogle - Iowa Department of Education*

Leadership/Management

21. Spinning, Rolling, and Swaying: Investigating Balance with Infants and Toddlers  
Time 1:15 pm - 2:45 pm

Balance is a developmental skill that progresses from birth as children learn to sit, crawl, stand, and walk. It is essential to human movement, the design and engineering of technology, and the aesthetic elements of art. Balance investigations are a perfect fit for infant and toddler classrooms as children actively explore the role of balance with their bodies and within the world of objects.

Investigating balance is a STEM experience where children have the opportunity to communicate their interest and understanding, develop motor skills, and engage in all elements of STEM. Through observation, educators discover what infants and toddlers are naturally drawn to investigate and the kinds of problems they create for themselves. Children's investigations can be supported by providing time and opportunity for engaging with materials that allow children to independently produce an action that is immediate and observable and then to vary their actions for a different result.

For professionals serving: Infant/toddler and Children with Special Needs  
Setting: Applicable to both Home Providers and Centers

*Sherri Peterson - University of Northern Iowa*

Curriculum/Teaching

# Friday Class Options, Continued

22. Counting Counts!  
Time: 1:15 pm - 2:45 pm

Counting is where it all begins! In this hands-on session, participants will explore counting for early learners. Participants will learn about the stages of counting and how to support students in each stage. Resources will be shared from the Learning & Teaching with Learning Trajectories website, as well as additional resources to engage students in counting activities. Participants will leave with knowledge and activities to use the next day in the classroom.

For professionals serving: Infant/toddler, Preschool, School Age  
Setting: School and Applicable to both Home Providers and Center

*Jody Vanderloo - Iowa Department of Education*

Curriculum/Teaching

23. Developmental and Behavioral Effects from Drug Exposure and Trauma  
Time: 1:15 pm - 2:45 pm

Prenatal and environmental drug exposure and trauma can have effects on development and behaviors in infants and children. This presentation will look at the possible effects that may be seen in the child's early years. We will also look at basic interventions that caretakers can use when these effects are present.

For professionals serving: Infant/toddler, Preschool, School Age  
Setting: School and Applicable to both Home Providers and Center

*Jennifer Sleiter and Amanda Privitera - Blank Children's STAR Center*

Relationships/Families

24. Reflective Practice: Asking Questions You Don't Know the Answer to Learn More About Others  
Time: 1:15 pm - 2:45 pm

Strategies that engage both children and adults in reflecting on their own efforts. Asking reflective questions that you don't know the answers to better understand the thought process involved in the choices others make. Using reflective questions and practices to engage and extend conversations that are meaningful.

For professionals serving: Preschool, School Age, and Program Administration/Business Practices  
Setting: School and Applicable to both Home Providers and Center

*Brenda O'Halloran - Child Care Resource and Referral*

Curriculum/Teaching

25. Implementing Program-Wide EC-PBIS for Lasting Change  
Time: 3:00 pm - 4:30 pm

Curriculum/Teaching

Are you interested in reducing the amount of challenging behavior in your program while improving staff members' confidence and competence? Then come learn about Program-Wide EC-PBIS! EC-PBIS or Pyramid Model is a framework of classroom strategies which have been proven to enhance social and emotional development and reduce challenging behavior in infants, toddlers, and young children. In Program-wide EC-PBIS implementation, programs develop and refine systems, policies, procedures, and resources to provide the context needed for practitioners to sustain their use of these strategies in the classroom. During this session, participants will learn about the features and process of program-wide EC-PBIS and the incredible positive impact it can have for the staff, children, and families in your program.

For professionals serving: Infant/toddler, Preschool, and Children with Special Needs  
Setting: Center

*Marisa Kahler - Iowa Department of Health and Human Services and Monica Garner - Iowa Department of Education*



# Friday Class Options, Continued

26. Seedling CPR and First Aid! Creating a Magical Outdoor Space.  
Time: 3:00 pm - 4:30 pm

Participants will learn the proper way to plant their seedlings and care for them. Suggestions will be given on companion planting and how to children and adults can work together troubleshoot issues that might come up in the garden. Ideas include a "Sensory Garden," Sunflower room, and pole bean house for the children to enjoy.

For professionals serving: Preschool, School Age, and Program Administration/Business Practices  
Setting: School and Applicable to both Home Providers and Center

Anita Schuckert - Early Child Educator

Health/Physical Environment

27. i-PoWeR--You have the PoWeR!!  
Time: 3:00 pm - 4:30 pm

Come join us to learn some tips and tricks about login, creating an account, and tracking your professional records in one place. You have the POWER to take your professionalism with you when you seek employment in early childhood or out-of-school time settings! Learn how i-PoWeR can prepare your program for IQ4K and your CDA. Give feedback to help system improvements for our future.

For professionals serving: Program Administration/  
Business Practices  
Setting: Applicable to both Home Providers and Center Based

Erin Clancy - Iowa Department of Health and Human Services

Leadership/Management

28. A Child's Why: Exploring CQI  
Time: 3:00 pm - 4:30 pm

In this session, participants will engage in hands-on learning opportunities that explore the ongoing process of providing high quality care for children, why continuous quality improvement is important, and how professionals can weave initiatives that support quality into existing practices. Presenters from across multiple agencies come together for this workshop focused on Iowa's commitment to our youngest residents.

For professionals serving: Infant/toddler, Preschool, School Age, and Children with Special Needs, and Program Administration/Business Practices  
Setting: School and Applicable to both Home Providers and Center

Cindy Thompson - Iowa State University Extension and Outreach, Jessie Mireles - Iowa Department of Health and Human Services, Mary Janssen - Child Care Resource and Referral of Northeast Iowa, and Melissa Wagner - Iowa State University Extension and Outreach

Curriculum/Teaching

29. Learning REALLY IS Connected to Movement for Young Children  
Time: 3:00 pm - 4:30 pm

Curriculum/Teaching

Children are born to move but as teachers, we often want them to sit still, stand still, walk, etc. However, research tell us that promoting movement in children can increase memory, perception, language, attention, emotional regulation and decision-making. In addition, when language is combined with movement, learning increases 90 percent. Come join us as we experiment with combining learning with movement!

For professionals serving: Infant/toddler and Preschool  
Setting: School and Applicable to both Home Providers and Center

Jennifer Stritz and Johnna Haggerty - Iowa Association for the Education of Young Children

# Friday Class Options, Continued

30. The Power of Giving a Child a Clipboard: Using Charting in Project Work to Foster Language Development, Literacy Skills, and So Much More!

Time: 3:00 pm - 4:30 pm

This session is designed to promote early childhood language development, literacy skills, and more through the use of charting in project work. Participants will learn how to incorporate charting strategies through meaningful and authentic project experiences. Participants will engage in data gathering and charting while reflecting on the application to their classrooms.

For professionals serving: Preschool and School Age

Setting: Center and School

*Vickie Parker - Early Childhood Consultant and Dawn Johnson - Kids World & Great Prairie AEA*

Curriculum/Teaching

31. My Kid Would Never

Time: 3:00 pm - 4:30 pm

Learning more about the apps and social media that our children are using will only help protect them further. Education is the best step in keeping them safe. Also, if we are educated as adults we will be able to navigate in a safer, more secure way. It is all about being safer, smarter tech users.

For professionals serving: Preschool, School Age and Online/Social Media Safety

Setting: School Setting Based and Applicable to both Home Providers and Center

*Christy Teslow - Moblie Momma*

Curriculum/Teaching

32. Subitizing at a Glance

Time: 3:00 pm - 4:30 pm

Children who can quickly recognize numbers without counting are more able to determine the number of items in a collection, represent that number, and later add the numbers. In this hands-on session, participants will learn about subitizing and how to help students become subitizers. Participants will explore resources on the Learning & Teaching with Learning Trajectories website, as well as learn games and activities to help develop number sense.

For professionals serving: Infant/toddler, Preschool and School Age

Setting: School and Applicable to both Home Providers and Center

*Jody Vanderloo - Iowa Department Of Education*

Curriculum/Teaching

33. Social Media Marketing for Child Care Directors and Owners

Time: 3:00 pm - 4:30 pm

How to use social media to effectively and successfully market your program.

For professionals serving: Program Administration/Business Practices

Setting: Applicable to both Home Providers and Center

*Kelsey Andersen - Bluff's Little Thinkers/ECE PD - KC Educate LLC and Whitney Fink - TEACHER2TEACHER*

Leadership/Management

# Friday Class Options, Continued

## 34. Yackity Yack, They Don't Talk Back

Time: 3:00 pm - 4:30 pm

Infants are curious about the world around them and they are always listening. They pay attention even when we think they are least listening to our words. Language development begins from birth and educators can encourage repetition of everyday language through daily routines, conversations, and songs to assist in their growth and development as they move into toddlerhood and beyond. Educators are most effective when they facilitate the development of a classroom community that fosters relationships and encourages language development. When communication is promoted with the children who are in their care, a classroom community evolves that supports relationships with children and families in order to make the classroom an extension of home. Video examples and photos of educators and children in a supportive learning environment will illustrate the importance of communication between adults and children and the planning that is a foundation for this environment. In this workshop, we will explore ways to set up your learning environment for infants and young toddlers to develop a love of learning in a “yes” environment filled with acceptable risk, new challenges, and everyday experiences that are based on children’s interests.

For professionals serving: Infant/toddler and Children with Special Needs

Setting: Applicable to both Home Providers and Center

*Leann Perkins and Shelby Overmohle - University of Northern Iowa*

Relationships/Families

## 35. SmartHer Money

Time: 3:00 pm - 4:30 pm

This session will equip participants with the skills to take control of their personal finances and achieve their financial goals. We will learn how to create a budget, build an emergency fund, save for retirement, and more. Our hope is that participants gain the confidence to make informed decisions and secure their financial future. We will also learn about what free resources are available to continue their learning outside of the 90 minute session.

For professionals serving: Financial Literacy

Setting: Applicable to both Home Providers and Center

*Heather Kriener - Department of Insurance and Financial Services*

Relationships/Families

## 36. Take the First Step in your Education with a CDA

Time: 3:00 pm - 4:30 pm

This session will provide an overview of the process to earn a Child Development Associate (CDA) Credential™. Information will be shared about applying for a CDA and the assessment process. You will learn how T.E.A.C.H. Early Childhood® Iowa can help with a variety of scholarship options for the CDA or other college degrees in early childhood. We support early childhood professionals across the state and provide a variety of resources!

For professionals serving: Infant/toddler, Preschool and Program Administration/Business Practices

Setting: Applicable to both Home Providers and Center

*Iowa Association for the Education of Young Children Staff*

Leadership/Management

# Saturday, October 5

Session 1   10:30 am - 12:00 pm	Session 2   1:15 pm - 2:45 pm	Session 3   3:00 pm - 4:30 pm
1. When School Readiness Meets Inclusion: Strengthening The Parent/Teacher Partners	13. An Overview of Infant and Early Childhood Mental Health: Theories, Approaches, and Application	25. Early Childhood Philosophy Speed Dating
2. A Family's Perspective	14. Dyslexia for a Day: Simulation	26. Implementing Program-Wide EC-PBIS for Lasting Change
3. How to Develop Readers and Writers in an EC Classroom	15. Reading, Writing, and Arithmetic? Not Exactly - It's Early Literacy!	27. i-PoWeR--You have the PoWeR!!
4. Dyslexia 101	16. Counting Counts!	28. Subitizing at a Glance
5. My Kid Would Never	17. Spinning, Rolling, and Swaying: Investigating Balance with Infants and Toddlers	29. Rhythms of Learning: Music Education for Early Childhood
6. Do You Want to Plant A Garden? (seed starting 101)	18. Seedling CPR and First Aid! Creating a Magical Outdoor Space	30. The Power of Giving a Child a Clipboard: Using Charting in Project Work to Foster Language Development, Literacy Skills, and So Much More!
7. Take the First Step in your Education with a CDA	19. Show Me The Money!	31. Hands-on, Minds-on Aquaponics
8. Managing and Setting Employees up for Success	20. Five Essential Strategies for Reducing Challenging Behavior	32. Teaching Skills with Social Stories
9. All About Balance	21. Hands-on, Minds-on Aquaponics	33. Living the Dream: Creating the Early Childhood Program of Your Dreams for Family Child Care Educators
10. How Do I Know if I'm Charging Enough?	22. Small Business Fundamentals - Developing Strong Financials	34. Adult Educator Training
11. Self-Starts with SEL: Self-Care Techniques for Adults	23. Iowa AEYC Professional Engagement Groups: What are they?	35. Anti-Bias Education Goal #1: Identity
12. Reflective Practice: Asking Questions You Don't Know the Answer to Learn More About Others	24. Become the Early Literacy Resident Expert in Your Program: The Ins and Outs of Effective Early Literacy Practices Birth to Grade 3	36. Building Resilient Teams

## Class Track Key

Curriculum/Teaching
  Health/Physical Environment
  Leadership/Management
  Relationships/Families



# Saturday Class Options

1. When School Readiness Meets Inclusion: Strengthening The Parent/Teacher Partners  
Time: 10:30 am - 12:00 pm

In this session, we will engage in interactive discussion and activities centered around inclusion model best practices and how it relates to school readiness. We will also discuss the importance of developing relationships with families to work as a team to best support their child's needs.

For professionals serving: Preschool and School Age  
Setting: Applicable to both Home Providers and Center

*Brocklin Qualls - Lakeshore Learning*

Relationships/Families

3. How to Develop Readers and Writers in an EC Classroom  
Time: 10:30 am - 12:00 pm

Struggling to create a learning environment that encourages your students to read and write without memorizing? Then this workshop is for you! Learn some techniques and strategies that you can implement immediately into your daily routine that will engage your kiddos and become a part of your classroom learning environment.

For professionals serving: Preschool  
Setting: Applicable to both Home Providers and Centers

*Andrea M Stanfel - Primerica Financial Services*

Curriculum/Teaching

2. A Family's Perspective  
Time: 10:30 am - 12:00 pm

This session will include a family panel of parents and guardians of children that have been identified for special education services in the state of Iowa. As each family's story is unique, this session will take a close look at the family's perspective as they went through the evaluation process and the development of an Individualized Education Program (IEP) with their child. There will be a variety of ages of children, ranging from those that went through the process as they turned three to those that went through the process a bit later. Come join as each of these families shares the unique journey of their amazing child!

For professionals serving: Preschool and Children with Special Needs  
Setting: Applicable to both Home Providers and Center

*Dr. Brandy Smith - Wartburg College*

Relationships/Families

4. Dyslexia 101  
Time: 10:30 am - 12:00 pm

Dyslexia is the most common learning disability. It does not mean seeing backwards. It is hereditary and runs in families! Life is moving at a break-neck pace and teachers and caregivers have more responsibilities than ever before. Learning the basics of dyslexia can change the trajectory for struggling readers. Together we will discover signs and symptoms of dyslexia, identify facts about dyslexia and debunk common lingering myths. We will visit the Iowa Department Of Education's Dyslexia Guidance and build our confidence in saying dyslexia.

For professionals serving: Preschool, School Age, and Children with Special Needs  
Setting: School, Home Provider and Center

*Mindy VanZuiden - Tutorburg LLC*

Curriculum/Teaching

# Saturday Class Options, Continued

## 5. My Kid Would Never

Time: 10:30 am - 12:00 pm

Learning more about the apps and social media that our children are using will only help protect them further. Education is the best step in keeping them safe. Also, if we are educated as adults, we will be able to navigate in a safer, more secure way. It is all about being safer, smarter tech users.

For professionals serving: Preschool, School Age and Online/Social Media Safety

Setting: School and Applicable to both Home Providers and Center

*Christy Teslow - Mobile Momma*

Curriculum/Teaching

## 6. Do You Want to Plant A Garden? (seed starting 101)

Time: 10:30 am - 12:00 pm

In this session, participants will learn how and when to start seeds with children, as well as teaching children to care for the seedlings. Additionally, we will learn about preparing the soil and seeds, transplanting seedlings, and common issues and how to correct them.

For professionals serving: Infant/toddler, Preschool, School Age

Setting: Applicable to both Home Providers and Center

*Anita Schuckert - Early Child Educator*

Health/Physical Environment

## 7. Take the First Step in your Education with a CDA

Time: 10:30 am - 12:00 pm

This session will provide an overview of the process to earn a Child Development Associate (CDA) Credential™. Information will be shared about applying for a CDA and the assessment process. You will learn how T.E.A.C.H. Early Childhood® Iowa can help with a variety of scholarship options for the CDA and other college degrees in early childhood. We support early childhood professionals across the state and provide a variety of resources!

For professionals serving: Infant/toddler, Preschool and Program Administration/Business Practices

Setting: Applicable to both Home Providers and Centers

*Iowa Association for the Education of Young Children Staff*

Leadership/Management

## 8. Managing and Setting Employees up for Success

Time 10:30 am - 12:00 pm

Managing and setting employees up for success requires professional development plans and evaluations. These are also mandatory for Iowa Quality for Kids (IQ4K). However, creating these documents and providing feedback while running day-to-day business operations can be challenging. In this presentation, ideas will be provided from a center-based perspective that can also be applied to registered home providers to streamline your paperwork by incorporating required IQ4K documents into your evaluation process. Effective feedback techniques when working with staff to aid their professional growth will also be covered.

For professionals serving: Program Administration/Business Practices

Setting: Center

*Shannon Wilson - Iowa State University Extension and Outreach*

Leadership/Management

# Saturday Class Options, Continued

9. All About Balance  
Time: 10:30 am - 12:00 pm

This session for preschool, kindergarten, first, and second grade educators will examine balance in three different contexts. These contexts include: 1) balance in navigating curriculum to include STEM alongside literacy and mathematics, 2) body balance to support children's vestibular development and proprioception that affects learning in all domains, and 3) balance of objects to achieve stability in block building, and kinetic balance. Participants learn how to include balance experiences inside their curriculum in ways that enhance literacy and mathematics rather than distract. They will engage in teacher play, handling materials they can offer young learners to explore the physics of balance in their own bodies, and in balancing objects.

For professionals serving: Infant/toddler, Preschool, School Age, Children with Special Needs and Program Administration/Business Practices  
Setting: School

*Beth VanMeeteren and Sherri Peterson - University of Northern Iowa*

Curriculum/Teaching

10. How Do I Know if I'm Charging Enough?  
Time: 10:30 am - 12:00 pm

Knowing how much to charge families for quality child care services can be challenging, because you don't want to risk losing families you care about if tuition is too high. However, your community and families need child care and families will pay for the services they value. Participants will learn how to price tuition based on market factors and the benefits offered to families. There will be group discussion and individual activities to help determine tuition price which participants can apply to their business immediately.

For professionals serving: Program Administration/  
Business Practices  
Setting: Applicable to both Home Providers and  
Center

*Dana Miller and Deborah Kroksh - First Children's  
Finance*

Relationships/Families

11. Self Starts with SEL: Self-Care Techniques for  
Adults  
Time: 10:30 am - 12:00 pm

This presentation will help adults in the world of early childhood education learn different ways to express their stress levels and how they apply to the classroom. We will use reflection and social emotional techniques to quickly calm down in stressful situations. We will also discuss different techniques to increase self-care and the importance of self-care to help prevent burnout and stress in the classroom.

For professionals serving: Infant/toddler, preschool  
and school age  
Setting: Home Provider and Centers

*Whitney Fink - Capitol Park Early Learning Center*

Relationships/Families

# Saturday Class Options, Continued

12. Reflective Practice: Asking Questions You Don't Know the Answer to Learn More About Others  
Time: 10:30 am - 12:00 pm

Strategies that engage both child and adults in reflecting on their own efforts. Asking reflective questions that you don't know the answers to better understand the thought process involved in the choices others make. Using reflective questions and practices to engage and extend conversations that are meaningful.

For professionals serving: Preschool, School Age, and Program Administration/Business Practices

Setting: School and Applicable to both Home Providers and Center Based

*Brenda O'Halloran - Child Care Resource and Referral*

Curriculum/Teaching

14. Dyslexia for a Day: Simulation  
Time: 1:15 pm - 2:45 pm

A Simulation of Dyslexia is designed for anyone interested in learning more about dyslexia and what those with dyslexia often experience with reading, writing, and processing. This workshop is designed for groups of early childhood education providers, practitioners, caregivers, and immediate and extended family members. The simulation walks participants through four different simulations: two reading and two writing. It is designed to help individuals gain a better understanding of and empathy for those children and adults who struggle with dyslexia.

For professionals serving: Preschool, School Age, Children with Special Needs

Setting: School and Applicable to both Home Providers and Centers

*Mindy VanZuiden - Tutorburg LLC*

Curriculum/Teaching

13. An Overview of Infant and Early Childhood Mental Health: Theories, Approaches, and Application  
Time: 1:15 pm - 2:45 pm

This course will provide an overview of the Infant and Early Childhood Mental Health model, which has been implemented and expanded in other states. Participants will learn about the guiding principles and foundational strategies that all professionals who work in Early Childhood can utilize in their daily practice. During the presentation, participants will learn the four lenses for viewing infant and early childhood mental health, as well as indicators of mental health needs at each developmental stage. Lastly, participants will learn practical strategies to support young children and families with self-regulation and executive functioning skills that are based in early brain development and neuroscientific research.

For professionals serving: Infant/Toddler, Preschool, Children with Special Needs

Setting: School and for Both Home Providers and Centers

*Kristen Reichert - Early Childhood School Social Worker*

Relationships/Families

15. Reading, Writing, and Arithmetic? Not Exactly - It's Early Literacy!  
Time: 1:15 pm - 2:45 pm

After defining what early literacy is, participants will learn the benefits children gain when early childhood educators intentionally provide literacy opportunities for young children. To assist with embedding these opportunities daily, participants will discover tips and resources to ensure early literacy is achieved in their program. Information to share with parents will also be included in this training session. Come join us as we work together to promote early literacy!

For professionals serving: Infant/toddler and Preschool

Setting: Applicable to both Home Providers and Centers

*Melissa Ellis - Iowa Association for the Education of Young Children*

Curriculum/Teaching



# Saturday Class Options, Continued

## 16. Counting Counts!

Time: 1:15 pm - 2:45 pm

Counting is where it all begins! In this hands-on session, participants will explore counting for early learners. Participants will learn about the stages of counting and how to support students in each stage. Resources will be shared from the Learning & Teaching with Learning Trajectories website, as well as additional resources to engage students in counting activities. Participants will leave with knowledge and activities to use the next day in the classroom.

For professionals serving: Infant/toddler, Preschool, School Age

Setting: School and Applicable to both Home Providers and Center

*Jody Vanderloo - Iowa Department of Education*

Curriculum/Teaching

---

## 17. Spinning, Rolling, and Swaying: Investigating Balance with Infants and Toddlers

Time 1:15 pm - 2:45 pm

Balance is a developmental skill that progresses from birth as children learn to sit, crawl, stand, and walk. It is essential to human movement, the design and engineering of technology, and the aesthetic elements of art. Balance investigations are a perfect fit for infant and toddler classrooms as children actively explore the role of balance with their bodies and within the world of objects.

Investigating balance is a STEM experience where children have the opportunity to communicate their interest and understanding, develop motor skills, and engage in all elements of STEM. Through observation, educators discover what infants and toddlers are naturally drawn to investigate and the kinds of problems they create for themselves. Children's investigations can be supported by providing time and opportunity for engaging with materials that allow children to independently produce an action that is immediate and observable and then to vary their actions for a different result.

For professionals serving: Infant/toddler and Children with Special Needs

Setting: Applicable to both Home Providers and Centers

*Sherri Peterson - University of Northern Iowa*

Curriculum/Teaching

---

## 18. Seedling CPR and First Aid! Creating a Magical Outdoor Space.

Time: 1:15 pm - 2:45 pm

Participants will learn the proper way to plant their seedlings and care for them. I will give them suggestions on companion planting. They will be given ideas on how to trouble shoot issues that might come up in in the garden. I will explain how to include the children in solving the issues. I will give them ideas to include a "Sensory Garden" and Sunflower room, and pole bean house for the children to enjoy.

For professionals serving: Preschool, School Age, and Program Administration/Business Practices

Setting: School and Applicable to both Home Providers and Center

*Anita Schuckert - Early Child Educator*

Health/Physical Environment

# Saturday Class Options, Continued

19. Show Me The Money!  
Time: 1:15 pm - 2:45 pm

We will take the financial conversation that is so complex and intimidating and make it simple and empowering! Owners/Directors will learn how to develop a bridge between management and their employees to improve retention and loyalty, enhancing the employee/employer relationship. Teachers will benefit from the financial information. We believe financial education is for EVERYONE, because there are not any “secrets” to financial security.

For professionals serving: Program Administration/  
Business Practices

Setting: School and Applicable to both Home Providers  
and Centers

*Andrea M Stanfel and Adam Buchanan - Primerica Financial  
Services*

Leadership/Management

20. Five Essential Strategies for Reducing Challenging  
Behavior  
Time: 1:15 pm - 2:45 pm

In this session, we will dive into the 5 strategies proven to reduce challenging behavior when implemented with fidelity. These strategies come from the book “Prevent, Teach, Reinforce for Young Children”, a resource on how to implement individualized positive behavior support. We will unpack each strategy, give practical examples and allow time for participants to consider implementation. Participants will leave with real strategies they can use to impact the children in their classrooms.

For professionals serving: Program Administration/  
Business Practices

Setting: School and Applicable to both Home Providers  
and Centers

*Marisa Kahler - Iowa Department of Health and Human  
Services*

Curriculum/Teaching

21. Hands-on, Minds-on Aquaponics  
Time: 1:15 pm - 2:45 pm

The workshop will discuss how to make small personal aquaponics systems to teach about micro-ecosystems, plants, and animals. Participants will participate in discussions about responsibility, systems, and learning while creating their personal systems to take home. The IKEA-like plans will be physically given to be shared with their communities. Current ideas for personal study and continued research/use will be shown.

For professionals serving: Preschool, School Age and  
Children with Special Needs

Setting: Applicable to both Home Providers and Centers

*Dr. Michael Bechtel and an Early Education Undergraduate  
Student - Wartburg College*

Curriculum/Teaching

22. Small Business Fundamentals - Developing Strong  
Financials  
Time: 1:15 pm - 2:45 pm

Small business owners often face challenges in keeping their financials current which creates risk when unexpected events arise. We saw this risk clearly and on a grand scale during COVID 19 - small businesses who had their financials current were able to quickly access aid when it became available. But many of the small businesses who needed help the most were unprepared to professionally complete applications for assistance.

For the session, Mark Jufferbruch will provide high value knowledge to help small business owners strengthen their financials and review their profitability. Mark will discuss best practices for strong small business financials, including strategies for managing financials, tracking business revenue, allowable expenses, and preparing for tax time. During this session, he will provide an overview of key small business financial statements, what they tell you, and the importance of keeping them current.

For professionals serving: Program Administrators,  
Directors, Owners, Center Directors and Staff, Home  
Providers and Staff and Small Business owners

*Mark Jufferbruch and Erin Strawn - The Iowa Center for  
Economic Success*

Leadership/Management

# Saturday Class Options, Continued

## 23. Iowa AEYC Professional Engagement Groups: What are they?

Time: 1:15 pm - 2:45 pm

Professional Engagement Groups (or PEGs) are interest-based groups for any and all early care and education professionals around the state of Iowa. PEGs are open to members and non-members of Iowa AEYC that are interested in further developing their skills and knowledge in the early care and education field in conjunction with others in the workforce. This panel presentation will include how Iowa AEYC moved from geographical chapters to PEGs. We will review the five currently existing PEGs including activities from the first year and plans and potential for future activities. Members of these five PEGs (DAP, Leadership, Advocacy, Family Child Care and Quality) will provide overviews and accept input from attendees. PEGs welcome all early childhood providers and educators; attend this workshop to determine how your needs may be met and contributions can be considered.

For professionals serving: All

Setting: All

*Crystal Abbe and Professional Engagement Group Co-Chairs*

Leadership/Management

---

## 24. Become the Early Literacy Resident Expert in Your Program: The Ins and Outs of Effective Early Literacy Practices Birth to Grade 3

Time: 1:15 pm - 2:45 pm

Do you ever wonder what “best practice” means in terms of literacy learning for our youngest learners? If so, plan to attend this session, as it highlights a variety of early literacy skills and practices that will set young children on a path to a love of learning. Birth to Grade 3 spans nearly eight years of development for children, and this is the critical time to teach early literacy skills while the “window of opportunity” is open.

For professionals serving: Infant/toddler, Preschool and School Age

Setting: School and Applicable to Both Home Provider and Center

*Dr. Brian Kingrey - Melcher Dallas Community School District*

Curriculum/Teaching

---

## 25. Early Childhood Philosophy Speed Dating

Time: 3:00 pm - 4:30 pm

We all are at this conference because we have children’s best interests at heart, but we aren’t always as confident to advocate for or justify our position. To begin the session, there will be teaching and review of popular philosophies and frameworks in Early Childhood Education. Participants will reflect on their own teaching and caregiving philosophies and pedagogies in relation to the presented material to understand where their foundational beliefs stem from. After self-reflection and explicit strategies around interpersonal communication, participants will have a chance to move around and meet other attendees for some “philosophy speed dating”. The presenter will share some common topics of debate in early childhood settings and participants will discuss their beliefs and approaches with varying partners to learn about perspectives that may be the same or different from their own. This session is a wonderful choice for attendees who have a growth mindset, want practice with justifying intentional decisions that they make in their practice, or even to practice engaging in communication regarding topics that often result in conflict with colleagues.

For professionals serving: Infant/toddler, Preschool and School Age, Children with Special Needs and Program Administration/Business Practices

Setting: School and Applicable to Both Home Provider and Center

*Kala Sullivan - Iowa State University*

Curriculum/Teaching

# Saturday Class Options, Continued

26. Implementing Program-Wide EC-PBIS for Lasting Change  
Time: 3:00 pm - 4:30 pm

Are you interested in reducing the amount of challenging behavior in your program while improving staff members' confidence and competence? Then come learn about Program-Wide EC-PBIS! EC-PBIS or Pyramid Model is a framework of classroom strategies which have been proven to enhance social and emotional development and reduce challenging behavior in infants, toddlers and young children. In Program-wide EC-PBIS implementation, programs develop and refine systems, policies, procedures and resources to provide the context needed for practitioners to sustain their use of these strategies in the classroom. During this session, participants will learn about the features and process of program-wide EC-PBIS and the incredible positive impact it can have for the staff, children, and families in your program.

For professionals serving: Infant/toddler, Preschool, and Children with Special Needs  
Setting: Center

*Marisa Kahler - Iowa Department of Health and Human Services and Monica Garner - Iowa Department of Education*

Curriculum/Teaching

27. i-PoWeR--You have the PoWeR!!  
Time: 3:00 pm - 4:30 pm

Come join us to learn some tips and tricks about login, creating an account, and tracking your professional records in one place. You have the POWER to take your professionalism with you when you seek employment in early childhood or out-of-school time settings! Learn how i-PoWeR can prepare your program for IQ4K and your CDA. Give feedback to help system improvements for our future.

For professionals serving: Program Administration/  
Business Practices  
Setting: Applicable to both Home Providers and Centers

*Erin Clancy - Iowa Department of Health and Human Services*

Leadership/Management

28. Subitizing at a Glance  
Time: 3:00 pm - 4:30 pm

Children who can quickly recognize numbers without counting are more able to determine the number of items in a collection, represent that number, and later add the numbers. In this hands-on session, participants will learn about subitizing and how to help students become subitizers. Participants will explore resources on the Learning & Teaching with Learning Trajectories website, as well as learn games and activities to help develop number sense.

For professionals serving: Infant/toddler, Preschool and School Age  
Setting: School Setting and Applicable to both Home Providers and Centers

*Jody Vanderloo - Iowa Department Of Education*

Curriculum/Teaching



# Saturday Class Options, Continued

29. Rhythms of Learning: Music Education for Early Childhood  
Time: 3:00 pm - 4:30 pm

In this interactive, hands-on course, educators will explore the importance of music in early childhood development, understanding its positive impact on areas such as self-regulation and early literacy skills when integrated into the classroom. Participants will explore effective methods for seamlessly incorporating music into their curriculum, utilizing community resources where applicable. Educators will leave with skills they can immediately implement in their classrooms. This training offers activities accessible to teachers of all backgrounds, regardless of prior musical knowledge, serving as a foundational step in early childhood music education.

For professionals serving: Infant/toddler and Preschool  
Setting: Home provider and Centers

*Chelsea Kusmec - Iowa Association for the Education of Young Children*

Curriculum/Teaching

31. Hands-on, Minds-on Aquaponics  
Time: 3:00 pm - 4:30 pm

The workshop will discuss how to make small personal aquaponics systems to teach about micro-ecosystems, plants, and animals. Participants will participate in discussions about responsibility, systems, and learning while creating their personal systems to take home. The IKEA-like plans will be physically given to be shared with their communities. Current ideas for personal study and continued research/use will be shown.

For professionals serving: Preschool, School Age and Children with Special Needs  
Setting: Applicable to both Home Providers and Centers

*Dr. Michael Bechtel and Early Education Undergraduate Student - Wartburg College*

Curriculum/Teaching

30. The Power of Giving a Child a Clipboard: Using Charting in Project Work to Foster Language Development, Literacy Skills, and So Much More!  
Time: 3:00 pm - 4:30 pm

This session is designed to promote early childhood language development, literacy skills, and more through the use of charting in project work. Participants will learn how to incorporate charting strategies through meaningful and authentic project experiences. Participants will engage in data gathering and charting while reflecting on the application to their classrooms.

For professionals serving: Preschool and School Age  
Setting: Center and School

*Vickie Parker - Early Childhood Consultant and Dawn Johnson - Kids World & Great Prairie AEA*

Curriculum/Teaching

32. Teaching Skills with Social Stories  
Time: 3:00 pm - 4:30 pm

Social stories are an effective and developmentally appropriate way to teach skills needed to function in classrooms, homes, and the community. They are especially effective when working with visual learners or those that become anxious in social situations. Participants will learn about the purpose of a social story, specifically what skills can be taught, view real social stories, and have time to plan their own.

For professionals serving: Infant/toddler, Preschool, School Age and Children with Special Needs  
Setting: Applicable to both Home Providers and Centers

*Celia Priebe Shedd and Tiffany Schieffer - Iowa State University*

Curriculum/Teaching

# Saturday Class Options, Continued

## 33. Adult Educator Training

Time: 3:00 pm - 4:30 pm

Trainer, Facilitator, Mentor, Coach, Consultant? Have you ever used one of these terms to describe your work or the work that you'd like to do? If so, this session is for you! This workshop will provide you with tips and strategies for making your trainings effective and engaging. Participants will learn basic adult learning principles, instructional design components, how to write learning outcomes, and strategies for making your training stick. \*This training fulfills the Iowa AEYC Adult Educator/Instructor training requirement.

*Tammy Engebretson - Iowa Association for the Education of Young Children*

Leadership/Management

## 35. Anti-Bias Education Goal #1: Identity

Time: 3:00 pm - 4:30 pm

This session will focus on the importance of understanding each child's identity. We will discuss social identities and attitudes, why they matter and how we can nurture healthy growth and development. Included in this session will be resources, materials, and activities that support children's development of a confident sense of identity.

For professionals serving: Infant/toddler and Preschool  
Setting: Applicable to both Home Providers and Center

*Donna Kennebeck - UnityPoint Health Child Development Center*

Curriculum/Teaching

## 34. Living the Dream: Creating the Early Childhood Program of Your Dreams for Family Child Care Educators

Time: 3:00 pm - 4:30 pm

In a world where family child care educator burnout is running rampant, and every day we see another program closing, how can we be the program that survives? In this training, attendees will dive deep into what they think is important for their own programs, and what they believe to be their early childhood education values. Then, educators will determine if those values align with what their program currently offers to the children and families that they serve. Through this training, attendees will learn what they can do to reconnect their values and practice if they are no longer aligned. Living the dream, is how educators will feel about their career choice when their personal values and their business and care practices align.

For professionals serving: Infant/toddler, Preschool and School Age, Program Administration/Business Practices  
Setting: Home Provider Only

*Tiffany Skaggs - Little Explorers Daycare and Anita Schuckert - Early Child Educator*

Leadership/Management

## 36. Building Resilient Teams

Time: 3:00 pm - 4:30 pm

Childcare environments experience high stress and frequent turnover. Childcare employees at all levels must practice self-care and build their support systems to be successful. In this training, we will talk about how this can be accomplished through building teams that are resilient and lean on each other for support. We will discuss how to create an environment that develops strong and resilient staff which reduces turnover and provides stability to the adults, children, and families in the childcare community.

For professionals serving: Infant/toddler, Preschool, School Age, Children with Special Needs, Program Administration/Business Practices and IECMHC  
Setting: Applicable to both Home Providers and Center

*Jennifer Ryan - Tanager*

Leadership/Management